

WEEKEND SCHEDULE

FRIDAY 4.23.2021

8:00AM - 6:30PM

Welcome & Free Counseling Sessions
by a Licensed Psychologist

6:30 - 7:30PM

Registration

7:30 - 9:00PM

Sesion 1 Tema: Mental Health

9:00PM

Feja Members Meeting

SABBATH 4.24.2021

8:00 - 8:45AM

Desayuno (Breakfast)

9:00 - 11:00AM

Sesion 2 Tema: Recharging My
Spiritual Life

11:00AM - 12:00PM

Spiritual Life Workshop

12:00 - 1:00PM

Almuerzo (Lunch)

1:00 - 3:00PM

Break / *Basic Skin Care Workshop*

3:00 - 5:30PM

Sesion 3 Tema: Emotional Health
Emotional Health Workshop

5:30 - 6:30PM

Cena (Supper)

8:00 - 9:30PM

Sky Zone

SUNDAY 4.25.2021

8:00 - 8:45AM

Desayuno (Breakfast)

9:00 - 11:00AM

Sesion 4 Tema: Physical Health
Physical Health Workshop

MIND + BODY

RECHARGE

